

RasaCare Training Content
Oral / Tube Feeding Training Programme
Home based



1. Introduction

- Basic mechanics of swallowing
- Normal Vs Disordered swallowing

2. Oral Feeding

- Types of diet
- Why is he/she not eating?
- Preparation of feeds
- Signs of difficulty in swallowing

3. Nasogastric Tube Feeding

- When is tube feeding recommended?
- Position of NGT in body
- Methods to check tube's placement
- Techniques of NGT feeding
- Care of NGT - Dos and Don'ts

4. Practical Session / Q&A