

## **Course Summary**

### **[Name of Course]**

*Oral / Tube Feeding Programme*

### **[Training Provider]**

*RasaCare Pte Ltd*

### **[Target Participants]**

*For Caregivers who need to be equipped with knowledge & skills in Oral feeding and Nasogastric Tube feeding.*

### **[Synopsis]**

*This course aims to provide caregivers with knowledge and skills to provide Oral feeding and Nasogastric Tube feeding. Participants will understand the basic mechanics of swallowing and recognise normal and disordered swallowing.*

### **[Course Outline]**

- 1) *Introduction (10 mins)*
  - a. *Basic mechanics of swallowing*
  - b. *Normal vs Disordered swallowing*
  
- 2) *Oral Feeding (15 mins)*
  - a. *Types of Diet*
  - b. *Why is he/she not eating?*
  - c. *Preparation of food/feeds*
  - d. *Signs of difficulty in swallowing*
  
- 3) *Nasogastric Tube Feeding – NGT (15 mins)*
  - a. *What is Nasogastric Tube Feeding?*
  - b. *Who needs it?*
  - c. *Types of Feed*
  - d. *Techniques of NGT feeding*
    - i. *Items required*
    - ii. *Preparation*
    - iii. *Check position of tube*
    - iv. *Giving the feeds and medications*
  
- 4) *Frequently Asked Questions & Practical Session (20 mins)*

**[Learning Outcomes]**

*Primary Caregiver will be able to*

- 1. understand the basic mechanics of swallowing*
- 2. identify normal and disordered swallowing and feed confidently*
- 3. administer tube feeding (if necessary)*

**[Mode of Teaching]**

*Home-Based*

*Demonstration (may have physical contact with participants)*

**[Venue]**

*Home-Based training at the participant's or care recipient's home*

**[Course fee]**

*Course Fee (before CTG)*

*SGD140*

*Co-Payment (after CTG)*

*SGD10 \**

*(Subject to eligibility and the remaining amount of the care recipient's CTG, Caregiver Training Grant, which is capped at SGD200 per year)*

**[Duration]**

*1 hour*

**[Trainer's Bio]**

*Please call the Training Provider for more information*

**[Enquiries]**

*Please contact RasaCare Pte Ltd at :-*

*Tel : 6100 3600*

*Email : [ctg@rasacare.sg](mailto:ctg@rasacare.sg)*

*[www.RasaCare.sg](http://www.RasaCare.sg)*